



Non-Stimulant Medication Trial

Child's name: _____ Grade: _____ Year: _____

Person completing this form: _____

Relation to child: _____

When were your observations usually made? (circle):
 mornings / afternoons / evenings / weekdays / weekends

Dear Parents, Teachers, and Student.

Thank you very much for your help. It is so important to conduct this medication trial in a careful and controlled fashion. Please complete the table below. Record observations once each week. Your comments in narrative form are also very helpful.

Please contact me if you have any questions or concerns. Thank you.

Non-Stimulant Trial Scales

How often did you notice the following? 0 = not at all, 1 = just a little, 2 = often, 3 = very often

Dose										
Target Symptoms	Date									
Restless, squirmy, fidgety, "on-the-go"										
Demands must be met immediately										
Distractibility/attention problem										
Problems with peer relations										
Misses important details										
Impulsive, blurts out										
Fails to initiate, sustain, finish tasks										
Problems controlling behavior										
Easily frustrated										
Difficulty learning										
Disorganization/time mismanagement										
Tics										
Possible Side Effects										
Poor appetite										
Nausea/stomachaches										
Irritability/sadness										
Social withdrawal										
Headaches										
Dizziness										
Drowsiness										
Anxiety/nightmares										
Stares off/daydreams										

Non-Stimulants for ADHD

Name of medication	how supplied; mg strengths	“Split-ability”**
atomoxetine (Strattera)	caps: 10, 18, 25, 40, 60, 80, 100	0
bupropion (Wellbutrin)	reg tabs: 75, 100; SR tabs: 100, 150, 200; XL tabs 150, 300	0
clonidine		
short-acting (Catapres)	tabs: 0.1, 0.2, 0.3	2+
extended release (Kapvay)	tabs: 0.1	0
guanfacine		
short-acting (Tenex)	tabs: 1, 2 mg or liquid 1/ml**	2+ 3+
extended-release (Intuniv)	tabs: 1, 2, 3, 4	0

****“Split-ability”**

0: cannot be split (ruins the extended-release delivery system, dropping the whole load immediately)

1+: tabs or caps not designed for splitting but okay (for caps, pinch, twist, and carefully tap out half the beads)

2+: scored tabs designed for splitting

3+: liquids measurable down to 0.1 mls (depending upon the dose, get a 1.0 ml or 3.0 ml syringe)

**Tenex (short-acting guanfacine) can be made into a liquid by a compounding pharmacist.

Conducting a Non-Stimulant Trial with Guanfacine or Clonidine

1. Complete baseline ratings off medication for both target symptoms and possible side effects.
2. Start with: _____ . (name and strength of medication)
3. Observe for seven days or until you are sure of the medication effects at each dose.
 - a. If benefits are *optimal* and side effects are *insignificant*, then stay with that dose.
 - b. If benefits are *less than optimal* and side effects are *insignificant*, then increase by one tab.
 - c. If benefits are *less than optimal* and side effects are *significant*, then stop.

Conducting a Non-Stimulant Trial with Atomoxetine or Bupropion

1. Complete baseline ratings off medication for both target symptoms and possible side effects.
2. Start with: _____ .
3. If there are no side effects, increase as directed to the initial target dose: _____ .
4. If there are side effects, do not increase. Contact your prescriber.
5. After two weeks on the initial target dose:
 - a. If benefits are *optimal* and side effects are *insignificant*, then stay with that dose.
 - b. If benefits are *less than optimal* and side effects are *insignificant*, then increase as directed to a maximum dose of: _____ .
 - c. If benefits are *less than optimal* and side effects are *significant*, then stop.