

This 10-session program is for parents of children (ages preschool through middle school) with challenging behaviors.

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it. The group leader for this program will be Jill Jerome, LCSW-C, RPT-S. At each session, Jill will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile.

Based on Dr. Dan Shapiro's Parent Child Journey.

SESSION TOPICS

- · Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention

- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- · Time-out and Ignoring
- · Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

For more information and other course offerings, go to parentchildjourney.com

WITH:



Jill Jerome LCSW-C , RPT-S parentchildjourney.com

LOCATION:

Children First
Pediatrics
10301 Georgia Ave
#106
Silver Spring, MD
20902

WHEN:

Winter-Spring 2020 Feb 26 – May 6 (skip April 8)

Ten Wednesday nights 7:30 – 9:00 PM

REGISTER:

CLICK HERE TO REGISTER:

Suggested range: \$150-\$350 for all tensessions.

Those who can pay more, thanks very much for supporting those who can't.