



Fall 2019 RAISING YOUR CHALLENGING CHILD

(Pay What You Can) Parent Group Training

This 10-session program is for parents of children (ages preschool through middle school) with challenging behaviors.

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it. Group leader for this program will be Christy Donley, LCPC, RPT. At each session, Christy will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile.

Based on Dr. Dan Shapiro's Parent Child Journey.

SESSION TOPICS

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

For more information and other course offerings, go to parentchildjourney.com

WITH:
Christy Donley,
LCPC, RPT



LOCATION:
The Pediatric
Development Center
SILVER SPRING
LOCATION
12520 Prosperity
Drive, Suite 210
Silver Spring, MD
20904

WHEN:
Fall 2019
Sept 16 - Nov 25
(skip Sept 30)

Ten Monday nights
7:15 - 8:45 PM

REGISTER:
[CLICK HERE TO REGISTER:](#)

*Suggested range:
\$150-\$350 for all ten
sessions.*

*Those who can pay more,
thanks very much
for supporting
those who can't.*