



# RAISING YOUR CHALLENGING CHILD

*(Pay What You Can) Parent Group Training*

Developed by Dr. Dan Shapiro

**This 10-session program is for parents of children**  
(ages preschool through elementary school) with challenging behaviors.

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it.

At each session, Deborah Marks will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile. Different strokes for different kids!

## SESSION TOPICS

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

***For more information and other course offerings, go to [parentchildjourney.com](http://parentchildjourney.com)***

## WITH:



Deborah S. Marks,  
MSW, LCSW-C  
Clinical Social Worker  
[parentchildjourney.com](http://parentchildjourney.com)

## LOCATION:

The Beco Building  
Host: Fitness for Health  
3rd Floor Living Room  
11140 Rockville Pike  
Rockville, MD 20852

*Entrance on Edson Lane.  
Garage and street  
parking.  
Half-mile from  
White Flint Metro*

## WHEN:

Winter 2019  
10 Thursday mornings  
9:30 – 11:00 AM  
January 24 – March 28

## REGISTER:

[CLICK HERE TO REGISTER:](#)  
*Suggested range:  
\$150-\$350  
for all ten sessions.*

*Those who can pay more,  
thanks very much for  
supporting those who can't.*