



# October –December 2018 in NW-DC RAISING YOUR CHALLENGING CHILD

*(Pay What You Can) Parent Group Training*

**This 10-session program is for parents of children (ages preschool through early adolescence) with challenging behaviors.**

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it.

At each session, Dr. Shapiro will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile. Different strokes for different kids!

#### SESSION TOPICS

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

***For more information and other courses, go to [parentchildjourney.com](http://parentchildjourney.com)***

#### WITH:



Dan Shapiro, M.D.  
*Developmental and Behavioral Pediatrician*  
[parentchildjourney.com](http://parentchildjourney.com)

#### LOCATION:

St. Columba's  
Episcopal Church  
4201 Albemarle St. NW  
Washington, DC 20016

#### WHEN:

Fall 2018  
October 4 –December 20  
10 Thursday nights  
(Skip Nov 1 and 22)  
7:30 – 9:00 PM

#### REGISTER:

[CLICK HERE TO REGISTER](#)  
or go to:  
[ParentChildJourney.com](http://ParentChildJourney.com)

*Suggested range:  
\$150-\$350 for all 10  
sessions. Those who can  
pay more, thanks very  
much for supporting  
those who can't.*