

October – December 2018 in Potomac, MI RAISING YOUR CHALLENGING CHILD

(Pay What You Can) Parent Group Training

This 10-session program is for parents of children (ages preschool through early adolescence) with challenging behaviors.

Parent Child Journey was developed by Dr. Dan Shapiro. The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it. At each session, Ms. Donley will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile. Different strokes for different kids!

SESSION TOPICS

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention

- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

For more information and other courses, go to parentchildjourney.com

WITH:



Christy Donley, LCPC, RPT parentchildjourney.com

LOCATION:

Geneva Day School 11931 Seven Locks Road Potomac, MD 20854 Fall 2018 Oct 4 – Dec 13 (skip Nov 22) 10 Thursday mornings 9:30 AM - 11:00 AM

WHEN:

REGISTER:

<u>CLICK HERE TO REGISTER</u> or go to: ParentChildJourney.com

Suggested range: \$150-\$350 for all 10 sessions. Those who can pay more, thanks very much for supporting those who can't.