

This 9-session program is for parents of children (ages preschool through early adolescence) with challenging behaviors.

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it.

At each session, Dr. Shapiro will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile. Different strokes for different kids!

SESSION TOPICS

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention

- Motivation through Experience
- · Motivation through Rewards
- Problem Solving
- · Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

For more information and other courses, go to parentchildjourney.com

WITH:



Dan Shapiro, M.D.

Developmental and

Behavioral Pediatrician

parentchildjourney.com

LOCATION:

St. Andrew's Episcopal School 8804 Postoak Road Potomac, MD 20854

Ample free parking.

WHEN:

Spring 2018 9 Tuesday nights 7:30 – 9:00 PM

April 10- June 5

REGISTER:

<u>CLICK HERE TO REGISTER</u>

or go to:

ParentChildJourney.com

Suggested range: \$150-\$300 for all 9 sessions.

Those who can pay more, thanks very much for supporting those who can't.