

Daniel G. Shapiro, M.D. Developmental and Behavioral Pediatrics

NON-STIMULANT MEDICATION TRIAL

Child's name:		Grade: _		Year:				
Person completing this form:	Relation to child:							
When were your observations usually made? (cir	cle): morn	ngs/ aftern	oons/ e	vening	s/ wee	kdays	/ week	ends
Dear Parents, Teachers, and Student: Thank you very much for your help. It is so important to co complete the table below. Record observations once each week please record the date and describe the following: If there were benefits seem to "kick-in" too late or "wear off" too early? Or Please call me if you have any questions or concerns. Thank How often did you notice the following?	k. Your comn re side effects, General comn you.	vents in narra at what time vents about si	itive form did you i de effects.	are also usually 1 Genera	o very h notice th notice th	elpful. (pis? Do ents ab	On the l medicin out bene	back, ne efits.
DOSE								
TARGET SYMPTOMS DATE								
Restless, squirmy, fidgety, "on-the-go"								
Demands must be met immediately								
Distractibility/ attention problem								
Problems with peer relations								
Misses important details								
Impulsive, blurts out								
Fails to initiate, sustain, finish tasks								
Problems controlling behavior								
Easily frustrated								
Difficulty learning								
Disorganization/ time mismanagement								
Tics								
POSSIBLE SIDE EFFECTS								
Poor appetite								
Nausea/ stomach aches								
Irritability/ sadness								
Social withdrawal								
Headaches								
Dizziness								
Drowsiness								
Anxiety/ nightmares								
Stares off/ daydreams					_		_	



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	NON-STIMULANT MEDICATION FOR ADHD	
Atomo	exetine (Strattera) caps 10, 18, 25, 40, 60, 80, 100 mg caps	0
Clonic	line	
•	Catapres (short-acting) tabs: 0.1, 0.2, 0.3	1+
•	Kapvay (extended release) tabs: 0.1	0
Guanf	Tacine	
•	Tenex (short-acting) tabs: 1, 2 mg or liquid 1 mg/ml**	1+/3+
•	Intuniv (extended release) tabs: 1, 2, 3, 4	0
**	Tenex (short-acting guanfacine) can be compounded into a liquid by the pharmacist	
Cond	ucting a non-stimulant trial with: guanfacine or clonidine	
1.	Complete baseline ratings off medication for both target symptoms and po	ssible side
	effects.	
	Start with:	
3.		
	a. If benefits are <i>optimal</i> and side effects are <i>in</i> significant, then stay wit	h that
	dose. b. If benefits are <i>less than optimal</i> and side effects are <i>in</i> significant then	mcransa
	by one tab. (Do not exceed maximum dose of:)	increase
	c. If benefits are <i>less than optimal</i> and side effects are <i>significant</i> , then sto	p.
	1	1
Cond	ucting a non-stimulant trial with: atomoxetine	
1.	Complete baseline ratings off medication for both target symptoms and po	ssible side
	effects.	
2.	Start with:	
3.	If there are no side effects, increase as directed to the initial target dose:	·
4.	If there are side effects, do not increase. Contact your prescriber.	
5.	After two weeks on the initial target dose:	
	a. If benefits are <i>optimal</i> and side effects are <i>in</i> significant, then stay wit dose.	h that
	b. If benefits are <i>less than optimal</i> and side effects are <i>in</i> significant then	increase
	as directed to a maximum dose of:	
	c. If benefits are less than optimal and side effects are significant, then sto	p.