# Dr. Dan Shapiro's Parent Child Journey

THIS 10-SESSION PROGRAM IS FOR PARENTS OF CHILDREN (AGES PRESCHOOL THROUGH EARLY ADOLESCENCE) WITH CHALLENGING BEHAVIORS.

The Parent Child Journey program is designed to help parents identify the source of their child's challenging behavior and learn what they can do about it. During each session, we will discuss proactive strategies for raising children with difficult temperaments and developmental differences. The emphasis is on customizing the strategy to fit each child's unique profile. Different children. Different approaches.

## **Spring 2017**

Thursday evenings, 7:30 to 9:00 pm

March 2, 9, 16, 23, 30 April 6, 27 (no class April 13 or 20) May 4, 11, 18



with Sarah Wayland, Ph.D.

Guiding Exceptional Parents

#### **TOPICS**

- Know Your Child
- Time -in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

Connections Therapy Center 4451 Parliament Place, Suite A Lanham, Maryland 20706

Ample free parking.

#### For more information, or to register, go to:

http://tinyurl.com/Spring2017WaylandJourney.or www.parentchildjourney.com

### To reserve your spot, mail check to:

Guiding Exceptional Parents, 4711 Sheridan Street, Riverdale Park, MD 20737. Suggested range: \$150 - \$300.

Those who can pay more, please help support those who can't.

Contact for more information: info@guidingexceptionalparents.com

