

Chesapeake Children's Conference

THE ADULT-CHILD JOURNEY: Helping Children and Adolescents Effectively Deal with Social and Emotional Challenges

A Toolbox of Proactive Strategies for Parents and Caregivers

Thursday, March 26

7:00 - 8:30 pm

Chesapeake College
1000 College Circle, Wye Mills, Maryland

Social skills and emotional regulation CAN be taught!

- Receive a brief overview of normal social-emotional development
- Discover foundational strategies, skills, and techniques to incorporate to nurture strong growth (mindset, routines, behavior management)
- Find ways to personalize proactive strategies for children with difficult temperaments and developmental differences
- Gain specific tools to use when children struggle with prosocial skills, motivation, resiliency or poor self-esteem

We're saving a seat for you!

TICKETS: \$15 – Includes free parking and networking with local service providers

www.weinfeldeducationgroup.com/chesapeake

SPONSORSHIP AND EXHIBITING OPPORTUNITIES

AVAILABLE— For more information, see our online prospectus or call the Weinfeld Education Group at 301-681-6233.

The Chesapeake Children's Conference is presented by Weinfeld Education Group and Shore Psychology



Meet Dan Shapiro, M.D.,
Developmental-Behavioral
Pediatrician, Author and
Creator, Parent Child Journey

See why he's called "the child whisperer" by *Washingtonian* magazine and scores of parents who've taken his popular parenting courses.



Chesapeake Children's Conference

THE ADULT-CHILD JOURNEY: Helping Children and Adolescents Effectively Deal with Social and Emotional Challenges

A Toolbox of Proactive Strategies for Professionals

Friday, March 27
9:00 am - 12:30 pm

Chesapeake College • 1000 College Circle • Wye Mills, Maryland

LEARNING OBJECTIVES:

- Review of Barkley's Power Struggle, Green's Phases to Explosion, and Smith-Myles Rage Cycle;
- Review general principles of proactive and reactive behavior management;
- Learn how to use a simple tool (The Gander) for comprehensive/ functional/ parallel assessment of children, parents and providers;
- Apply an understanding of The Gander (temperament, sensory profile, skills profile, physical health, environmental stresses and goodness-of-fit) to determine the source of behavior challenges and how to individualize behavior management strategies;
- Learn to practice an individualized approach to empathy; and
- Review application of Motivational Interviewing in their work with challenging children and parents.


REGISTRATION: \$95 (Includes: 3 CE credits, free parking, refreshment breaks and networking with local providers.) 3 hours of CE credit will be available for Licensed Psychologists, Licensed Clinical Psychologists, Clinical Social Workers, and Licensed Professional Counselors.

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About Your Instructor

Dan Shapiro, M.D., is a developmental-behavioral pediatrician, author and creator of the Parent Child Journey.

Dr. Shapiro is the author of two books: *Parent Child Excursions: ADHD, Anxiety, and Autism*; and *Parent Child Journey: An Individualized Approach to Raising Your Challenging Child*. His keen understanding of children and successful, research-based approaches led him to be named "the child whisperer" by *Washingtonian* magazine.

