



RAISING YOUR CHALLENGING CHILD

(Pay What You Can) Parent Group Training

This 10-session program is for parents of children (ages preschool through early adolescence) with challenging behaviors.

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it.

At each session, Dr. Goldberg will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile. Different strokes for different kids!

SESSION TOPICS

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

For more information and other course offerings, go to parentchildjourney.com

WITH:



Melissa Goldberg, Ph.D.
Developmental
Psychologist
parentchildjourney.com

LOCATION:

Geneva Day School
11931 Seven Locks Rd
Potomac, MD 20854

*Ample free parking in
back of church*

WHEN:

Winter 2020
10 Tuesday mornings
9:30 – 11:00 am
January 28 –
March 31, 2020

REGISTER:

[CLICK HERE TO REGISTER:](#)
or go to:
Parentchildjourney.com

*Suggested range: \$150-
\$350 for all ten sessions.
Those who can pay more,
thanks very much for
supporting those who
can't.*