

Dr. Dan Shapiro's Parent Child Journey An Individualized Approach to Raising Your Challenging Child

led by
Sarah Wayland, Ph.D.
Guiding Exceptional Parents

THIS 10-SESSION PROGRAM IS FOR PARENTS OF CHILDREN (AGES PRESCHOOL THROUGH EARLY ADOLESCENCE) WITH CHALLENGING BEHAVIORS.

The Parent Child Journey program is designed to help parents identify the source of their child's challenging behavior and learn what they can do about it. During each session, we will discuss proactive strategies for raising children with difficult temperaments and developmental differences. The emphasis is on customizing the strategy to fit each child's unique profile. Different children, different parents, different approaches.

Fall 2019

Wednesday evenings, 7:30 to 9:00 pm

- September 18, 25
- October 2, 9, 16, 23, 30
- November 6, 13, 20

TOPICS

- Know Your Child/Know Yourself
- Time-In and Self-Care
- Engagement and Understanding
- Motivation through Positive Attention
- Self-Motivation & Learning from Experience
- Motivation through Rewards
- Problem-Solving
- Ignoring and Timeout
- Pausing for Empathy and Self-Reflection
- Weaknesses, Strengths, and Independence

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Riverdale Park, MD 20737

For more information, or to register, go to:

<http://bit.ly/Fall2019-Wayland-ParentChildJourney> or www.parentchildjourney.com

Suggested price range: \$150 - \$350.

If you pay what you can it helps us keep our program accessible to all.

Contact for more information: info@guidingexceptionalparents.com



Sarah C. Wayland, Ph.D. - www.GuidingExceptionalParents.com
Helping students with learning differences and their families.