



# Fall 2019

## RAISING YOUR CHALLENGING CHILD

*(Pay What You Can) Parent Group Training*

**This 10-session program is for parents of children**  
(ages preschool through middle school) with challenging behaviors.

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it. Group leaders for this program will be Jill Jerome, LCSW-C and Orly Z. Leizerov, LCSW-C. At each session, Jill and Orly will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile.

*Based on Dr. Dan Shapiro's Parent Child Journey.*

### SESSION TOPICS

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

***For more information and other course offerings, go to [parentchildjourney.com](http://parentchildjourney.com)***

### WITH:



Jill Jerome, LCSW-C and  
Orly Zimmerman-  
Leizerov, LCSW-C

[parentchildjourney.com](http://parentchildjourney.com)

### LOCATION:

**Potomac Pediatrics**  
15204 Omega Drive  
Rockville, MD 20850

### WHEN:

Fall 2019  
Sept 25 – Dec 11

(Skip October 9 for Yom  
Kippur and Nov 27 for  
Thanksgiving)

Ten Wednesday nights  
7:00 - 8:30 PM

### REGISTER:

[CLICK HERE TO REGISTER:](#)

*Suggested range:  
\$150-\$350 for all ten  
sessions.*

*Those who can pay more,  
thanks very much  
for supporting  
those who can't.*