



# Winter 2019 RAISING YOUR CHALLENGING CHILD

*(Pay What You Can) Parent Group Training*

**This 10-session program,  
developed by Dr. Dan Shapiro and led by Dr. Melissa Goldberg,  
is for parents of children  
(ages preschool through early adolescence)  
with challenging behaviors.**

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it. At each session, Dr. Goldberg will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile.

**Different strokes for different kids!**

#### **SESSION TOPICS**

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

***For more information and other course offerings, go to [parentchildjourney.com](http://parentchildjourney.com)***

#### **WITH:**



Melissa Goldberg, Ph.D.  
Developmental  
Psychologist  
[parentchildjourney.com](http://parentchildjourney.com)

#### **LOCATION:**

Temple Beth Ami  
14330 Travilah Road  
Rockville, MD 20850  
*Ample free parking.*

#### **WHEN:**

Winter 2019  
Wednesday mornings  
9:45 – 11:15 AM  
February 6 – April 10  
Ten sessions

#### **REGISTER:**

[CLICK HERE TO REGISTER:](#)  
*or go to:  
[Parentchildjourney.com](http://Parentchildjourney.com)  
Suggested range: \$150-  
\$350 for all ten sessions.  
Those who can pay more,  
thanks very much for  
supporting those who can't.*