

# Dr. Dan Shapiro's Parent Child Journey

with Sarah Wayland, Ph.D.  
*Guiding Exceptional Parents*

**THIS 10-SESSION PROGRAM IS FOR PARENTS OF CHILDREN (AGES PRESCHOOL THROUGH EARLY ADOLESCENCE) WITH CHALLENGING BEHAVIORS.**

The Parent Child Journey program is designed to help parents identify the source of their child's challenging behavior and learn what they can do about it. During each session, we will discuss proactive strategies for raising children with difficult temperaments and developmental differences. The emphasis is on customizing the strategy to fit each child's unique profile. Different children, different parents, different approaches.

**Fall 2017**

**Wednesday evenings, 7:30 to 9:00 pm**

- September 27<sup>th</sup> – December 6<sup>th</sup>
- No class the week of Thanksgiving (November 22<sup>nd</sup>)

## **TOPICS**

- Know Your Child
- Time -in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

**Bayside Pediatrics**  
**2024 West Street, Suite 400**  
**Annapolis, MD 21401**  
*Ample free parking.*

**For more information, or to register, go to:**

<http://bit.ly/Parent-Child-Journey-2017> or [www.parentchildjourney.com](http://www.parentchildjourney.com)

**To reserve your spot, mail check to:**

Guiding Exceptional Parents, PO Box 174, Riverdale, MD 20738.

*Suggested range: \$150 - \$300.*

*Those who can pay more, please help support those who can't.*

Contact for more information: [info@guidingexceptionalparents.com](mailto:info@guidingexceptionalparents.com)

