



# Fall 2017 RAISING YOUR CHALLENGING CHILD

*(Pay What You Can) Parent Group Training*

**This 10-session program, developed by Dr. Dan Shapiro, is for parents of children (ages preschool through early adolescence) with challenging behaviors.**

The interactive format is designed to help parents identify the source of their child's behavior and learn what they can do about it.

At each session, Dr. Shapiro will provide proactive strategies for raising children with difficult temperaments and developmental differences. Parents will learn to customize their approach to fit their child's unique profile. Different strokes for different kids!

#### SESSION TOPICS

- Know Your Child
- Time-in
- Engagement and Understanding
- Motivation through Positive Attention
- Motivation through Experience
- Motivation through Rewards
- Problem Solving
- Time-out and Ignoring
- Pausing for Empathy and Self-Reflection
- Accommodations/Interventions

***For more information and other courses, go to [parentchildjourney.com](http://parentchildjourney.com)***

#### WITH:



Dan Shapiro, M.D.  
Developmental and Behavioral Pediatrician  
[parentchildjourney.com](http://parentchildjourney.com)

#### LOCATION:

St. Columba's  
Episcopal Church  
4201 Albemarle St, NW  
Washington, DC 20016

*Ample free parking.  
Short walk from  
Tenleytown/American  
University Metro Station*

#### WHEN:

Fall- Winter 2017-18  
10 Thursday nights  
7:30 – 9:00 pm

October 5, 12, 19, 26  
November 2, 16, 30  
December 7, 14  
January 4

#### REGISTER:

[CLICK HERE TO REGISTER](#)

*Suggested range:  
\$150-\$300 for all 10  
sessions.*

*Those who can pay more,  
thanks very much for  
supporting those who  
can't.*